

## Depression Screening

Patient Name: \_\_\_\_\_

Date of Service: \_\_ \_\_ / \_\_ \_\_ / \_\_ \_\_ \_\_ \_\_

Date of Birth: \_\_ \_\_ / \_\_ \_\_ / \_\_ \_\_ \_\_ \_\_

**Over the last 2 weeks**, how often have you been bothered by any of the following problems?

**Response Guide:**

**0** – Not at all      **1** – Several Days      **2** – More than half of the days      **3** – Nearly every day

**Question:**

**Response:**

- |  |  |   |   |   |   |
|--|--|---|---|---|---|
| 1. Little interest or pleasure in doing things?  | 1. <table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px; text-align: center;">0</td><td style="width: 20px; height: 20px; text-align: center;">1</td><td style="width: 20px; height: 20px; text-align: center;">2</td><td style="width: 20px; height: 20px; text-align: center;">3</td></tr></table> | 0 | 1 | 2 | 3 |
| 0  | 1  | 2 | 3 |   |   |
| 2. Feeling down, depressed or hopeless?  | 2. <table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px; text-align: center;">0</td><td style="width: 20px; height: 20px; text-align: center;">1</td><td style="width: 20px; height: 20px; text-align: center;">2</td><td style="width: 20px; height: 20px; text-align: center;">3</td></tr></table> | 0 | 1 | 2 | 3 |
| 0  | 1  | 2 | 3 |   |   |
| 3. Trouble falling or staying asleep, or sleeping too much?  | 3. <table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px; text-align: center;">0</td><td style="width: 20px; height: 20px; text-align: center;">1</td><td style="width: 20px; height: 20px; text-align: center;">2</td><td style="width: 20px; height: 20px; text-align: center;">3</td></tr></table> | 0 | 1 | 2 | 3 |
| 0  | 1  | 2 | 3 |   |   |
| 4. Feeling tired or having little energy?  | 4. <table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px; text-align: center;">0</td><td style="width: 20px; height: 20px; text-align: center;">1</td><td style="width: 20px; height: 20px; text-align: center;">2</td><td style="width: 20px; height: 20px; text-align: center;">3</td></tr></table> | 0 | 1 | 2 | 3 |
| 0  | 1  | 2 | 3 |   |   |
| 5. Poor appetite or over eating?   | 5. <table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px; text-align: center;">0</td><td style="width: 20px; height: 20px; text-align: center;">1</td><td style="width: 20px; height: 20px; text-align: center;">2</td><td style="width: 20px; height: 20px; text-align: center;">3</td></tr></table> | 0 | 1 | 2 | 3 |
| 0  | 1  | 2 | 3 |   |   |
| 6. Feeling bad about yourself or your family?  | 6. <table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px; text-align: center;">0</td><td style="width: 20px; height: 20px; text-align: center;">1</td><td style="width: 20px; height: 20px; text-align: center;">2</td><td style="width: 20px; height: 20px; text-align: center;">3</td></tr></table> | 0 | 1 | 2 | 3 |
| 0  | 1  | 2 | 3 |   |   |
| 7. Trouble with concentrating on things, such as reading the newspaper or watching television?   | 7. <table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px; text-align: center;">0</td><td style="width: 20px; height: 20px; text-align: center;">1</td><td style="width: 20px; height: 20px; text-align: center;">2</td><td style="width: 20px; height: 20px; text-align: center;">3</td></tr></table> | 0 | 1 | 2 | 3 |
| 0  | 1  | 2 | 3 |   |   |
| 8. Moving or speaking so slowly that other people could have or have noticed? Or, in contrast – so fidgety or restless that you have been moving around a lot more than usual? | 8. <table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px; text-align: center;">0</td><td style="width: 20px; height: 20px; text-align: center;">1</td><td style="width: 20px; height: 20px; text-align: center;">2</td><td style="width: 20px; height: 20px; text-align: center;">3</td></tr></table> | 0 | 1 | 2 | 3 |
| 0  | 1  | 2 | 3 |   |   |
| 9. Thoughts that you would be better off dead or hurting yourself in some way?   | 9. <table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td style="width: 20px; height: 20px; text-align: center;">0</td><td style="width: 20px; height: 20px; text-align: center;">1</td><td style="width: 20px; height: 20px; text-align: center;">2</td><td style="width: 20px; height: 20px; text-align: center;">3</td></tr></table> | 0 | 1 | 2 | 3 |
| 0  | 1  | 2 | 3 |   |   |

**Depression Rank Score:**

**1-4** Minimal      **5-9** Mild      **10-14** Moderate      **15-19** Moderately Severe      **20-27** Severe

Depression Score Total: \_\_\_\_\_